



*Experience Cortes Island*

# Cortes Island Information



2013





## DEAR VISITORS

### Welcome to Cortes Island!

It has likely been a bit of a journey for you to arrive on Cortes. Our remote and far-flung island has sometimes been referred to as the island that is 'one ferry too far'. At the North edge of the Georgia Strait, tucked in quietly amongst the Discovery Islands, and at the entrance to Desolation Sound, a visitor to Cortes must make a considerable trek across land and sea to finally reach it's weathered shores.

It is precisely because of it's remoteness on the map and wide footstep off the beaten trail, that Cortes Island remains a persistent beckoning in the hearts of thousands of visitors each year. This Northern gulf island jewel is a cherished muse for many inspired writers, painters, musicians, and seekers of solitude.

With some of the warmest ocean swimming waters in North America, pristine freshwater lakes, fresh wild seafood, old growth forests, abundant wildlife, and stunning vistas of the coastal mountain range, Cortes Island appeals to anyone seeking a close encounter with nature.

A vacation on Cortes Island includes activities for all ages and interests. Kayaking, swimming, canoeing, fishing, hiking, bike riding, star gazing, beach combing, and enjoying our local markets and restaurants are only a handful of some of the adventures to be had. Each visitor to Cortes makes it their own, and more favorite locations and activities can be found with each return.

Please enjoy finding your own unique way to experience Cortes Island. We have created this information book to highlight some of our favorite and recommended places to explore. You will find information in this book to help familiarize yourself with our island community and local events. Important information about wildlife and fire safety are also included. Local businesses and accommodation providers are featured, so that you may easily access their services.

We hope you have a wonderful time visiting Cortes Island, and we look forward to seeing you again in future visits!

Safe and happy travels,

Candice May<sup>1</sup>  
(on behalf of the editor)

*This Information Book is for sale or on display in several places on Cortes Island:  
participating vacation homes, Natural Food Co-op, Squirrel Cove Restaurant, Hollyhock, Cortes Cafe, Trude's  
Café, T'ai Li Lodge, Cortes Museum, Cortes Market, and in some locations on Quadra.*

*See us also on-line at:*

[http://issuu.com/cortesinfobook/docs/cortes\\_book\\_2013?mode=window&viewMode=doublePage](http://issuu.com/cortesinfobook/docs/cortes_book_2013?mode=window&viewMode=doublePage)

*Pictures on cover:*

*Forest of Green Valley Trail, Poppies on Smelt Bay Beach, Black Tail Deer, Sunset at Mansons Lagoon.*

Eight's Annual Edition of the Cortes Island Information Book

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<sup>1</sup> Candice May is the owner of CIVR - Cortes Island Vacation Rentals

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## print house

*kask*

*campbell river*

## EMERGENCIES

AMBULANCE / First Aid / Rescue .....911  
HOSPITAL (CAMPBELL RIVER) .....250-850-2141  
MEDICAL: Cortes Health Centre, 945 Beasley Road ..... 250-935-6718  
Monday - Friday: 9 am - 12 noon, 1 - 4 pm  
POLICE / RCMP .....911  
Non-emergency: Quathiaski Cove, Quadra Island ..... 1-250-285-3631

FIRE (in-house) .....911  
Non-emergency: Manson's Firehall .....250-935-6779 /fax 250-935-6771  
Non-emergency: Whaletown Firehall ..... 250-935-6600

**FOREST FIRE** ..... 1-800-663-5555  
On most cell phones: ..... \*5555  
Permits (Burn Registration Line): .....1-888-797-1717

## PROVINCIAL EMERGENCY PROGRAM

SEARCH AND RESCUE Emergency Only, 24 hrs ..... 1-800-663-3456

OTHER EMERGENCIES, HELP LINES and WEATHER: SEE PHONE BOOK

Note - To call Quadra Island from Cortes – dial 1-250-999-9999

To call Campbell River from Cortes – dial 250-999-9999 (considered “local phone”)

## POST OFFICES

WHALETOWN VOP 1Z0 - at the Whaletown dock

Monday, Wednesday, Friday .....7:30 - 10:30 am, 1 - 4 pm  
Cut off for mail out 8:30  
Tuesday (no mail in/out) ..... 9 - 12 noon

MANSONS LANDING VOP 1K0 - in Manson's Hall, Beasley Road

Monday, Wednesday, Friday ..... 7:30-11 am, 2 – 4:30 pm  
Cut off for mail out 9:00  
Tuesday (no mail in/out) ..... 9 - 12 noon

SQUIRREL COVE VOP 1T0 - in Squirrel Cove Store

Monday - Friday .....9 am - 5 pm

## BANK

COASTAL COMMUNITY CREDIT UNION, 777 Sutil Point Road ..... 250-935-6617  
Monday, Wednesday ..... 9:30 am - 4 pm  
Friday ..... 9:30 am - 5 pm  
24 hour ATM

**CORTES COMMUNITY RADIO** ..... CKTZ FM 89.5

## CHURCH SERVICE

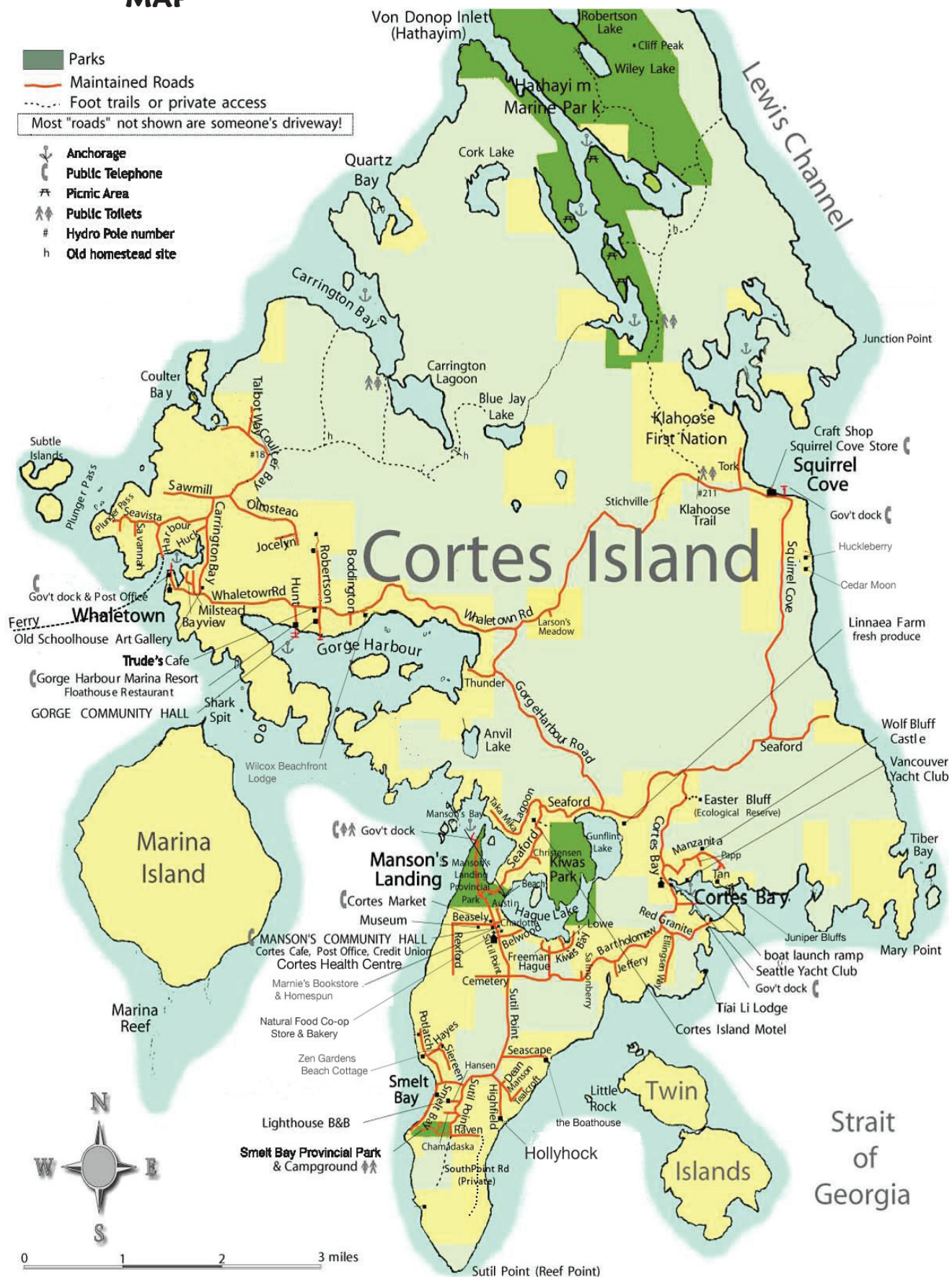
There is an Anglican church service every second Sunday at 2:30 in the Church St. Saviour by the Sea (Cortes Bay).

## TIDELINE

For local community website, please check [http://cortesisland.com/cgi-bin/timeline/show\\_home.cgi](http://cortesisland.com/cgi-bin/timeline/show_home.cgi)



# CORTES ISLAND MAP



# CORTES - AN ISLAND ON THE EDGE OF THE WILDERNESS

Cortes Island lies at the north end of the Salish Sea, where Vancouver Island juts up against the BC mainland coast. This is a scenic and diverse area and it is at the edge of BC's vast coastal wilderness.

To the east the view is dominated by the mountain peaks of the Coast Range with the iconic Mt. Denman towering 1991 m (6600 feet) above the myriad of channels and islands of Desolation Sound. The back waters of Desolation Sound have the warmest ocean temperatures north of Mexico, reaching in to the mid 20's. There is no other place in the world where you can swim in water so warm right under snow-capped mountains!

To the south Cortes thrusts out into the Strait of Georgia at the north end of the Salish Sea. The mountains on Vancouver Island and the Coast Range create a rain shadow effect here so that the climate is warmer and drier here than to the north of Cortes.

To the west the tidal waters flowing in from the Pacific Ocean are squeezed through the narrow channels of the Discovery Islands creating the tidal rapids that this area is famous for. Currents reaching 12 knots flush the area with cold, oxygen and nutrient rich water that feeds the abundant marine life here. Some of these rapids form standing waves of up to 2 1/2 metres high, a favourite place for kayakers to play! But it also a great place to watch for seals, sea lions, dalls porpoise, pacific white-sided dolphin and orca fishing in the rich waters.

And to the north of Cortes, there lies a largely uninhabited wilderness. There are no road accessible communities between the towns of Lund and Bella Coola, 300 km apart as the crow flies but with over 900 km of coastline separating them. The mainland coast just off of Cortes has the southern most grizzly bear populations. Cortes is home to black-tailed deer, cougar and river otters. Wolves are sometimes seen in our back yards. Living this close to the wilderness demands a level of attention and respect. We keep our livestock well protected and fenced and keep our dogs on the leash while walking in the wolf's forest home.

While Cortes is home to the vibrant communities of Mansons Landing, Whaletown and Squirrel Cove, it is easy to find empty beaches and forest paths to explore. Kwas Park is 70 hectares and has trails that wind through first growth trees and along Hague and Gunflint Lakes. Vondonop Inlet Park features reversing tidal rapids, steep-sided fjords, and tidal flats. This rugged 1,277-hectare park has no designated hiking trails within the park, although a good trail does exist from the Von Donop to Squirrel Cove, outside the park (approximately 5 km). A rough trail also runs to the top of Cliff Peak that has an elevation of 459 metres and is Cortes Island's highest point.

Exploring the waters around Cortes by kayak or guided boat tour is an excellent way to get a sense of the wildness of the coast. Favourite kayak launch sites include Mansons Lagoon and Cortes Bay. A swim in Desolation Sound or a trip to view the wildlife at Mitlenatch Island are regular destinations for the boat tours that leave from Cortes Island.

Mike Moore<sup>1</sup>

For further information on what Cortes has to offer, see [www.cortesislandtourism.ca](http://www.cortesislandtourism.ca)

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<sup>1</sup> Mike Moore is the owner of Misty Misles Adventures (see ad)





## BRIGITTE'S BEACH

"Brigitte's Beach" is the small cove that is separated by a rocky outcrop to the south west of Hank's Beach. It is part of the general Hank's Beach destination. Adjacent to the trail on a bluff, cement statues of Brigitte (pronounced "Brigitta") look out to sea. People who come upon the statues may think they are each of a different woman, but they are of the same woman seen through different eyes. Twenty five years ago, Volker Steigemann held a class in cement casting. Brigitte Grosse, who owns the Loon Ranch with her husband Hannes, was the model.

It is impossible to name a place for all the people who have loved it, so it was the beautiful statues that inspired the Treedom land partners to call the beach after Brigitte Grosse. Brigitte played a vital role in the history of the land and her images will look out to the sea long after many of us are gone.

Brigitte, like the goddess she is named for, looked after the hearth of many children before she "retired" to the Loon Ranch in her early 50s. She graduated from high school in the years before World War II wanting to attend art school, but her father advised against it. He opposed the German government and believed that art school may not be a safe choice at that time. In fact, the Nazis closed the art schools and sent the young women to the Russian front. Many did not return.

Brigitte followed her father's advice and pursued a certificate in child care. Many children were at risk for tuberculosis in the hard years after the war. In the early 1950s, the German government sent vulnerable children between the ages of four and twelve to spend seven weeks at Brigitte's house on an island in the North Sea. There were no cars on this island and a small railway travelled from the ferry to the village twice a day. At first Tante Mutti, Brigitte's mother, did the books and cooked for the twelve children who stayed there. These were the best years for Brigitte, who enjoyed creating the feeling of a big family while the children enjoyed a healthful respite.

Brigitte Kuehnel met and married Hannes Grosse on this island. Hannes attended a boarding school 10 kilometers outside of the village. If there was a village dance, Hannes would show up for the 10pm curfew at his boarding school and then run the 9 kilometers back to the village. None of the other boys dared join him – his feats became a school legend – so he arrived back at dances on his own. One night, Brigitte's father took pity on him sitting by himself and invited him to join their group. Brigitte was 26 and Hannes was 20. They fell in love and married.

In 1956, Brigitte and Hannes bought a larger house near Munich in Bavaria which held up to 50 children. For over twenty years, Brigitte cared for at risk children while Hannes studied art and established an international reputation. As the years progressed, the children's problems increasingly shifted from poor health to difficult family situations. Brigitte's role shifted from caring for the children to overseeing a large staff. As government salaries dropped, so did Brigitte's ability to provide the staff the children needed.

Finally, she and Hannes sold the big house and bought a large farm in eastern Bavaria. It was the late seventies and their neighbours were hippies who went back to the country to live. Brigitte and Hannes enjoyed these neighbours, but Hannes had the idea that they should move to Canada. They wanted to live where there were no nukes, so they chose BC. For a long summer, they searched for a farm...

Hannes and Brigitte first saw the Loon Ranch in early September, and it was beautiful. The owner lived in Vancouver, and people were squatting on the land. Brigitte and Hannes used their last one thousand dollars to make a down payment. In the spring, they returned with their daughter Iris and son in law Volker, who had both just graduated from woodworking school.

The farm was known as the “Jap Ranch” after Nagasu, a Japanese-Canadian farmer. According to Wilf Freedman, Nagasu came to the island with a group of Japanese horse loggers who logged the south end of the island. When the crew moved on, Nagasu stayed on the quarter section that now includes the Loon Ranch. He planted the large apple and pear orchard and had a huge strawberry farm. A steamer anchored off the Loon Ranch to pick up produce for Vancouver markets. During the war, Nagasu was removed from his land and put in an internment camp in the interior of BC. The government sold his land and he never saw it again. He returned to Japan, bitter from his mistreatment.

Brigitte and Hannes renamed the farm the Loon Ranch shortly after their arrival, in honor of the loons that call along the shore. The loons still thrive, but the fish stocks have plummeted since the early years when Hannes could quickly catch a fish for dinner from his canoe and dip net into thick schools of herring.

Over the years, Brigitte and Hannes and Iris and Volker built beautiful Bavarian style homes with exquisite carving, managed the huge orchard, and raised sheep and goats. When Hannes arrived at the mail with his home made cheese, his basket was soon empty. The two immensely creative families have created substantial bodies of art. Hannes’ meticulous paintings evoke the changing and abiding sea. Volker’s etchings and carvings and Iris’ drawings reveal a deep connection to natural materials and to the places they love.

Now Hannes and Brigitte are old and are thinking of selling their land. “It is too isolated here for me now,” Brigitte said. When one of the island’s most beautiful farms sells, Iris and Volker will still own a part of it. Brigitte and Hannes will build a new cottage on Iris’ land so they can stay on Cortes for half the year.

Like the statues of Brigitte that all look like a different woman, a place means something different to each person who knows it. Many people have enjoyed Brigitte’s Beach before it was so named and will continue to do for a very long time. If you stumble upon the statues of Brigitte and are intrigued by their gaze, remember their inspiration, Brigitte Grosse, who has loved the Loon Ranch and its waters for over thirty years.

Treedom is eighty two acres of land stewarded by six families, a thriving forest stretching from the Seascape/ Sutil Point road intersection to Hanks beach. Over half the land is protected by covenants held by The Land Conservancy of BC: two waterfront acres at Brigitte’s Beach and a forty acre Protected Forest Area which allows for ecosystem based forestry. The balance of Treedom land is in private residential use.



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*Pictures and text - excerpt from Tideline, Cortes Community website, writted by Carrie Saxifrage, and published here with permission from Carrie Saxifrage and Hannes Grosse.*



# Cortes Island Recreational Trails



## PROVINCIAL PARKS

Parks of Cortes Island include Smelt Bay provincial park, the only park with camping facilities, Manson's Landing Provincial Park, Van Donop Marine Provincial Park, Hank's Beach, Carrington Park, and Kw'as Park. Some of them offer good trail networks.

Manson's Landing celebrates 125 years in 2013 - check exhibit in the Cortes Museum.

## WALKS

The Cortes regional parks system is a wonderful and growing network of trails and protected spaces including beach access trails, the Siskin Lane trail network, Hank's Beach, Carrington, and Kwa'as parks. Many small roads lead to private property - stay on trail and respect homeowners' privacy.

Some easy trails:

1. **Siskin Lane** trails - a network of easy trails thru Siskin forest, suitable also for bike rides.
2. **Smelt Bay beach and trail** - long walk along the beach. You can try from Hank's Beach to Mansons Landing - but this will take you a whole day. Check the tides before you go.

Some more difficult trails:

3. **Kw'as Park** trails - ecologically-diverse of new and old growth forest with some easy, some more challenging parts. You can include a swim with your hike at Swimmers Rock - 4.
5. **Green Mountain** and 6. **Easter Bluff** - moderately difficult - offer great views of BC coast.

There are many more trails to explore. Please see trail map featured on previous page and available in local stores.

## BEACHES

7. **Hague Lake** - sandy, family oriented beach. Park your car at the parking lot on Seaford Road, between motel and Manson's, cross the road paying attention to driving traffic when crossing the road.
  8. **Manson's Lagoon** - sandy beach with big tidal differences at the end of Sutil Point Road.
  9. **Hank's Beach** - small, but beautiful beach, accessible on foot or by bike - leave your car at the parking lot on Bartholomew Rd.
- also **Brigitte's Beach**, close to Hank's Beach - see story on page 6, and **Smelt Bay beach**.

## SHELLFISH COLLECTING

Beaches of Cortes Island - Manson's Landing, Squirrel Cove, Smelt Bay - are good places for collecting clams and oysters. In addition to a small long handled spading fork or shovel for digging in the sand, you will need shellfish licence, available on-line <http://www.env.gov.bc.ca/bcparks/explore/fishreg.html>, - look for Tidal Waters Sportfishing License. You can also buy them in the Squirrel Cove Store. Or, come to Oyster Festival in Squirrel Cove in May, or Hollyhock dinner preceded with oyster barbecue (call Hollyhock to reserve your space - oyster BBQs are included with some dinners).

## BICYCLE

Bring your bikes to the island. See trail Map for trails suitable for bike rides. Of course, you can also bike on the roads. Soon you will notice that the island is full of hills and curves, making for a pleasant and a bit challenging ride.

## CANOE AND KAYAK

You can canoe and kayak on Hague and Gunflint lakes, also in protected waters of Mansons Lagoon. To explore more, it would be wise to contact local guided tour providers - e.g. Misty Isles, Crossing Borders Adventures, or Cortes Fishing Adventures (» see ads in this book.)



## EVENTS

These annual, regular, events are usually posted on the bulletin boards at the stores, Manson's Hall, and at the post offices. They are also announced on Tideline: [www.cortesisland.com/tideline](http://www.cortesisland.com/tideline), and in the Cortes Marketer, the weekly flyer available in the Cortes Market.

Please check bulleting boards for exact dates and for additional events, where information was not available at the time of printing this book.

**Friday Market** in and around Manson's Hall, **Saturday Market** in Gorge Hall, **Sunday Market** in Squirrel Cove - are regular events - to buy local art, food, fish. Meet the artists and craft people.

**Seafest - Oyster Festival** - Saturday, May 18, at Squirrel Cove, 11:30 am - lots of fun, music, delicious food - all welcome! Come early!

**Creative Spaces: Garden and Studio Tour** - Saturday, June 15, 9:30 am - 5:00 pm Fundriser for Cortes Museum and opportunity to visit local homes, studios, and gardens.

**Cortes Day** - Saturday, July 20 (date subject to weather). Parade starts at 10:30 a.m. at the corner of Potlach Road amd Sutil Point Road. Locals and tourists are welcome to join. From 11:00 am on, all kinds of activities, food and drink at Smelt Bay Provincial Park.

**Cortes Music Festival** in Whaletown, Saturday and Sunday, July 13 and 14, behind Trude's Café, 591 Whaletown Road, 250-935-6320. Lots of music and fun!

**Sandcastle Day** - Saturday, August 17, Smelt Bay Provincial Park. Lots of fun for kids of all ages! Come and build a structure on the beautiful sand beach at Smelt Bay. Registration at 9:00 a.m. Bring your tools. Judging between 12:00 noon and 1:00 pm Prizes!

**Youth Programs** - check dates on the Tideline: [www.cortesisland.com/tideline](http://www.cortesisland.com/tideline)

**Quadra Island Studio Tour** - The first weekend of June. Visitors can check out the artist's studios, where they work in blown glass, stone sculpture, pottery, photography, printmaking, painting and other media. This is a great opportunity to meet the creative people behind the artwork and to explore Quadra Island.

## FIRE AWARENESS

Since we are a small island covered with trees, one of our greatest concern is fire, especially during summer season. We have volunteer fire brigade with fire halls in Manson's Landing and Whaletown.

Please observe the fire ban that is in effect from May 15th on. Call 911 if you see any unattended fires on the island. Thank you for keeping our island safe together with us!

### General Fire Safety

- If you are a smoker, when smoking outdoors, dispose of cigarettes and matches properly. Do no toss lit matches or cigarettes out of your car window ever – use your ashtray.
- To use an outdoor stove or barbeque – keep the stove a safe distance away from flammable materials. Make sure briquettes and ashes are cold to the touch before disposing of them.
- To report a forest fire call **1-800-663-5555** or **\*5555** from a cell phone.

## EATING OUT ON CORTES

Cortes has two restaurants, three cafes, three take-outs, and more. We list here the places to eat out on Cortes.

### **The Cove Restaurant**

Squirrel Cove, next to the Cove store, waterfront, liquor license, take out available, seasonal. Eclectic menu based on local seafood and fresh vegetables, with daily specials.

» See ad in this book 250-935-6350

### **Hollyhock**

Manson's Landing, south end, waterfront, reservation required, seasonal. Vegetarian and seafood, no liquor license, but you can bring your own wine.

» See ad in this book 250-935-6576

### **The Floathouse Restaurant**

Gorge Harbour Marina, Whaletown, waterfront, liquor license, seasonal.

250-935-6631

### **Market Take-out**

Manson's Landing, next to Cortes Market, seasonal.

Burgers, tea, coffee, ice cream. 250-935-0075

### **Cortes Market**

Manson's Landing, 809 Sutil Point Road, open year-around.

Awesome sandwiches, instore baking, outsourced calzones, samosaz, sausage rolls and meat pies. Coffee & tea, organic espresso, cappucino and latte.

» See ad in this book 250-935-6626

### **Squirrel Cove Take-out**

Squirrel Cove, next to Squirrel Cove Store, seasonal.

Affordable fast food menu with difference: local seafood, gluten free items, burgers of all kinds, kid's favs, and much more!

### **Cortes Cafe**

In Manson's Hall, open year-around on mail days: Mon, Wed, Fri 8:30 am – 2:15 pm.

Coffee, tea, soups, lunches and baked goods.

» See ad in this book 250-935-6886

### **Trude's Café**

591 Whaletown Road, close to Robertson Road, Whaletown, open year-around.

Cappuccinos etc., teas, pastries, soups, all day breakfast.

» See ad in this book 250-935-6422

### **Cortes Co-op Bakery**

Mansons Landing, 800 Sutil Point Road, next to Co-op store, open daily, year-around.

Coffee & espresso, baked goods, inside and outside sitting.

» See ad in this book 250-935-8577

### **Lloyd's Family Ferry Take-out**

Next to Cortes ferry, 260 Harbour Road, Whaletown, Mon to Fri, 9 a.m. – 5 p.m, seasonal.

Beverages, baked goodies, snacks, limited outside sitting.

» See ad in this book

### **Linnaea Farm Brunch**

» See ad in this book



## FERRY SCHEDULE

There are 2 ferry crossings in-between Campbell River and Cortes Island.

- 10 minute crossing between Campbell River and Quadra Island, Quathiaski Cove - onboard the Power River Queen (85 m in length, capacity: 68 cars and 400 people), and
- 45 minute crossing between Quadra Island, Herriot Bay and Cortes Island, Whaletown - onboard the Tenaka (47 m, 30 cars, 150 people)

You pay for a round trip at the Campbell River terminal. Mention your destination - Cortes. You will be directed to lane 7 and given 2 tickets. The second ticket will be collected at the Cortes ferry boarding. You do not need to show your ticket for the return trip.

In-between, you will have to cross Quadra Island for an 8 km distance. There is just enough time left to make it. Keep in line, though, and try not to overtake others. Going to Cortes, from Quathiaski Cove, go uphill, then left at the village plaza, then right, and left again at the RCMP detachment, and due north straight to the Cortes ferry.

Those without a car could either ask a Cortes-bound motorist for a ride, use Cortes Connection (see ad), or arrange (upfront, use your cell phone while on ferry) for a taxi ride – (\$21, see ad for Quadra Taxi)

### HEADING FOR CORTES

#### From Campbell River to Quadra Island

6:40 am, 7:30 (except Sundays), 8:30, 9:30, 10:30 (DC - see below), 11:30, 12:30 pm, 1:30, 2:30, 3:30, 4:30, 5:25, 6:15 pm (last to catch Cortes ferry; space to Cortes not guaranteed), 7:30 - 10:30 - every hour.

#### From Quadra Island to Cortes Island

9:05 am, 11:05 (DC), 1:05 pm, 3:05, 5:05, 6:45 pm – last!

When 11+ cars are left behind (sometimes happens during summer) the captain may return for an extra night sailing.

Hint: it is better to take the first available Quadra Island ferry (e.g. 1:30 pm) and wait one hour at Herriot Bay terminal (till 3:05 pm), as opposed to “waiting” in Campbell River for a directly connecting ferry. You slightly increase your chances to get onboard the Cortes ferry, and you have a village store, a pub, and a restaurant right nearby for your convenience and last minute shopping.

### LEAVING CORTES ISLAND (ferry moored on Cortes for the night)

#### From Cortes to Quadra Island

7:50 am - first, except Sundays

9:50 am, 11:50 am, 1:50 pm (DC), 3:50 pm, 5:50 pm – last

#### Leaving Quadra Island (Quathiaski Cove to Campbell River)

6:15 am – first

7:05 am (except Sundays), 8:00, 9:00, 10:00, 11:00, 12:00, afternoon - 1:00, 2:00, 3:00, 4:00 (DC), 5:00, 6:00, 7:00, 8:00, 9:00, 10:00, 11:00 pm (Fridays and Saturdays only)

**DC - Tuesdays only** - Dangerous Cargo Sailing - No passengers permitted.



**LLOYD'S SEASONAL FAMILY "TAKE-OUT"**  
**260 HARBOUR ROAD, WHALETOWN**  
**(ADJACENT TO THE VEHICLE LINE-UP FOR FERRY)**

**SEASON RUNS MAY 18th TO SEPTEMBER 14th, 2013**

**OPEN MONDAY TO SATURDAYS**

**CLOSED SUNDAYS**

**HOURS OF OPERATION: 9:00 A.M. – 5:00 P.M.**



**MENU**

*-A VARIETY OF HOT AND COLD DRINKS, INCLUDING EL SALVADORAN COFFEE FROM BECCA'S BEANS AND DIFFERENT TEAS INCLUDING ORGANIC ROOIBOS CHAI AND HONEYBUSH FROM THE "GATHERING PLACE", AS WELL AS LOCALLY BAKED GOODS AND PRE-PACKAGED SNACKS –*

*-ENJOY THE VIEW FROM OUR DECK WHILE WAITING FOR THE FERRY-*

*Please note that this is not a commercially zoned operation so no fast foods, such as hamburgers and fries, are served from this location*



## LEARNING TO LIVE WITH WOLVES ON CORTES ISLAND

We need to keep our wolves WILD; here's what each of us can do!

### 1. Never feed wolves.

It is illegal and completely irresponsible to feed wolves as it endangers you, your fellow community members and the wolves!

\*Take care not to leave meat or seafood scraps out near your home or in your compost pile. Dispose of these responsibly; dig into a pit or feed to the crabs.

### 2. Do not feed deer or raccoons; they are prey species of wolves.

Food conditioned deer and raccoons WILL attract wolves to your doorstep and your neighbours. Be responsible to yourself and your community.

### 3. Keep yourself safe.

HAZE wolves !!! When you encounter them in a residential area i.e. near your home, your neighbour's, the community halls, stores, schools etc. Wave your arms to make yourself look bigger, shout loudly and use noisemakers.

**Let the wolves know, in no uncertain terms, that they need to respect you and you will not tolerate their presence in this place!!**

Use your most aggressive body language; take on the alpha role.

\*Take an airhorn and/or bear spray along as an extra precaution when hiking alone off the beaten track or working the beaches at night.

### 4. Keep your pets safe.

Dogs must be leashed when walked; unleashed dogs are seen as prey by wolves.

Take an airhorn and/or bear spray along as an extra precaution when walking dogs, as dogs are a magnet for wolves. Wolves view all dogs as a territorial threat.

\*Ensure all pets are secured overnight in sturdy, predator proof kennels outside or kept inside your house at night.

\*Keep outside pet feeding areas clean; never leave uneaten food in them.

\*Do not take your dogs with you when hiking in natural areas frequented by wolves i.e. Carrington Bay, Von Donop Inlet, Hank's Beach, Marina Island, etc.

### 5. Practice good animal husbandry.

Ensure all livestock are secured inside sturdy, fenced (min. 6' high) enclosures by day and predator proof shelters by night. Free-ranging livestock are seen as prey by wolves.

\*If wolves approach livestock during the day, HAZE them; scare them away, shooting over their heads if necessary.

\*After butchering livestock, dispose of carcasses responsibly; buried deeply and ideally well away from residential areas.

**As a community, work together and CONSISTENTLY follow these guidelines!** We must keep our wolves WILD in order to live together with them. Report routine wolf sightings to the FOCI office at 250 935 0087 and report wolf encounters of concern to the COS at 1 877 952 RAPP (7277).



### This excerpt from **THE FRIENDS OF CORTES ISLAND SOCIETY**

FOCI is a charitable society and umbrella organization that promotes awareness and respect for the earth and its people throughout Cortes Island and beyond, recognizing that human well-being is ultimately dependent on fully-functioning healthy ecosystems.

The FOCI Office is next to Manson's Hall and is open on Fridays 1-3pm or by appointment.

Leave a message any time at 250-935-0087



cimas@twincomm.ca  
www.cortesmuseum.ca

# Cortes Island Museum & Archives Society

957 Beasley Road

One block up the hill from Manson's Landing Hall  
Summer Hours: Tuesday to Sunday 10 am to 4 pm  
Winter Hours: Friday & Saturday 12 noon to 4 pm  
Admission by donation.

Phone: 250-935-6340

The Museum building is history itself. It served as the local store next to the dock at Manson's Landing from 1940 until 1995 when the lagoon area was designated a Provincial Park. The old store building was fitted with wheels, pulled up the hill and installed on a corner of Firehall No. 1 property.

Displays showcase the **History of Cortes Island** and include a pioneer kitchen, local birds & mammals, a fishboat model, **First Nations Artifacts** and stories, plus photos from homesteading settlers. The Von Donop Shed in the garden stores a variety of logging equipment used in earlier days on Cortes. New feature exhibits are installed each year. A permanent display of the whole island is being compiled and developed.

The **Museum Shop** sells new and used books, CD's, and some local art and handcrafts. In addition, the Museum's Comfy Corner has many albums of photographs and stories from early settlers. Come in, relax, and browse.

The Museum sponsors **Periodic Special Events** such as "Walks and Talks" that are advertised on local bulletin boards, and in the weekly Cortes Marketer.

**Want to know where the best  
beaches or hiking trails are?**

**Where you can camp, or stay?**

**The Museum hosts a  
Tourist/Visitor Information Booth.**

The Museum's **Heritage Garden** preserves pioneer plants. Heritage roses transplanted from old homesteads bloom with other plants such as wisteria, and old-time fruit trees. This garden reflects settlement history on Cortes, featuring a range of plants introduced to island gardens before the 1950's. It's a fragrant and colourful place to rest and "set awhile" on benches or a picnic table.

Come sail with us on historic cruises. The Museum Society offers exciting **Cruises in Desolation Sound** waters aboard the charter vessel Misty Isles, owned by Cortes residents Samantha and Mike Moore. From May to September this 43-foot motor schooner sets out on different one or 2-day adventures into the stunningly beautiful waters surrounding Cortes Island. Skipper and naturalist Mike Moore offers fascinating background details and entertains guests with First Nations legends and tales of early European exploration. For details on these summer trips, see local bulletin boards and publications. Phone or visit the Museum to register.





**Make Linnaea Farm a part of your Cortes experience!**

- Visit our Farm Stand in the Linnaea parking lot
- Buy our produce at the Farmers' Market, every Friday, 12 pm - 3 pm, at the Manson's Hall
- Purchase meat direct from our farm
- Sign-up for one of our many workshops
- Join us for brunch and learn about our farm with our Thursday Brunch Tours
- Join the Linnaea Farm Society, a registered charity and land trust
- Celebrate the season's bounty at our annual Harvest Fest, this fall

**Visit our website - [www.linnaeafarm.org](http://www.linnaeafarm.org)**

**Give us a call - (250) 935 6747**

**Our farm is located at 1255 Seaford Rd., Cortes Island**







## Let's do Brunch!

New this season, join us for a brunch and farm tour on our beautiful 315 acre land trust. Let us share our season's bounty with you in a lovely day of education, entertainment and food. Learn about the rich history of Linnaea Farm and enjoy the flavours of Cortes Island, in this unique gastronomic experience!

Tours begin at 9:30 am, every Thursday, July 5th through to September 20th.

\$45 per person	\$80 per couple	More than 2? Contact us for our group and family rates!
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*Rates (taxes included) - Cash or cheque (payable to Linnaea Farm)*

*Tour includes morning coffee and tea, a farm tour and a delicious brunch, featuring the meat, vegetables, fruits and homestyle cooking of our farm!*

RSVP and information at [linnaeafarmtours@gmail.com](mailto:linnaeafarmtours@gmail.com), call Graeme at (250) 935 6705, visit our website - [www.linnaeafarm.org](http://www.linnaeafarm.org) - or visit us at the Manson's Farmers' Market. All tours meet in the Linnaea parking lot. Limited availability, book as soon as possible!







## WELCOME TO SQUIRREL COVE!

We have many amenities and services for you at Squirrel Cove. The General Store has everything from fresh fruit, vegetables, organic and regular meat, dairy and baking, ice-cream cones, chocolate bars, chips and pop, and ice. Our meat is grass fed and we carry many gluten-free products.

We stock charts and maps, fishing gear and licenses, prawn traps and oyster knives. A full hardware store with marine supplies and batteries is on premises. Fuel available: PROPANE & GAS. A Gov't. Liquor Store, ATM Machine and Post Office are in the store. Free Wireless Internet Service is accessible.

Our newest addition is **THE FLYING SQUIRELL TAKE-OUT**. And affordable fast food menu with difference: local seafood, gluten free items, burgers of all kinds, kid's favs, and much more.

### **Fuel is now available on our dock for high tide boat gas and diesel.**

We offer a number of tent campsites at our spectacular setting. We have Laundromat and Showers facilities, a high water dock for floatplane or boat tie up, a boat ramp for launching and a beach for kayaks / canoes to launch. Overnight parking is available.

The Cove Restaurant and the and the Cortes Co-op Craft Shop are on the same property.

Every Sunday, during July and August, there is an Outdoor Market for local craftspeople, bakers and farmers to sell their products.

Please come by to visit and enjoy our most spectacular view of Desolation Sound. We are the store with the awesome view.

If you need something, we probably have it; if we don't, we'll get it for you.

Our friendly staff is always happy to make your visit to Squirrel Cove most enjoyable.

**SQUIRREL COVE STORE: 250-935-6327**

www.squirrelcove.com  
squirrelcovetrading@yahoo.com

**Summer Hours are 9-9 every day except 9-6 on Sunday.**

# The Cove Restaurant



1611 Forrest Road  
Squirrel Cove Cortes Island BC V0P 1T0  
[www.squirrelcove.com](http://www.squirrelcove.com)

Chef Peter Scott

The location of The Cove Restaurant is the most spectacular you'll find anywhere. It is right at water level and looks out to the glory of Desolation Sound. The eclectic menu is based on local seafood and fresh vegetables, with daily specials.

You will be delighted with the choices of expertly prepared food served with grace and friendliness. From the large patio, you can enjoy a cocktail, martini or other refreshments.

We can accommodate large groups and open our doors to special events.

We have a full lunch and dinner menu, complete with appetizers and home made desserts and a special kids menu.

Our prices are reasonable:

Appetizers range from \$6 to \$15

Entree's \$12 to about \$30

Hours of operation;  
(Opening Mothers Day weekend)

May - June

Thursday - Sunday

July - August

Open 7 days a week

Lunch 11:30 am - 2:30 pm

closed 2:30 pm - 5:00 pm

Dinner 5:00 pm - 8:30 pm

Lunch 11:00 am - 2:00 pm

Tapas 2:00 pm - 5:00 pm

Dinner 5:30 pm - 8:30 pm

Fall schedule after Labour Day weekend

Take out is also possible (ask for our take out menu)

Reservations are highly recommended

Telephone 250-935-6350 E-mail [smartoctopus2011@gmail.com](mailto:smartoctopus2011@gmail.com)





*...fresh organic produce*

# Natural Food



The Cortes Natural Food Co-op is here to help you enjoy your vacation with a wide range of the healthiest food and supplies you'll need.

- Fresh local vegetables
- Local free range and organic eggs
- Local salmon and tuna
- Grass-fed meat: beef, pork, bison, and chicken
- Wide selection of cheeses and dairy
- Organic, non-GMO groceries
- Vitamins and health products
- Local body care products, tinctures and remedies
- Local crafts and gifts
- The latest DVDs for rent

**You don't have to be a member to shop with us.**

★ *Members enjoy wholesale orders & store specials.*

*Summer Store Hours: 9am - 9pm Daily*

*...the beating heart of the village*

# Cafe & Bakery



The Cortes Co-op Cafe and Bakery is the place to meet friends, enjoy great coffee, enjoy tasty treats, and pick up freshly baked bread.

- Local and organic ingredients
- Baked from scratch
- Comfortable seating indoors and in courtyard
- Wheat-free and special diet baking available
- Locally-roasted coffee
- Regular summer events

*Summer Cafe Hours: 9am - 4pm (except Monday)*

**Located in downtown Manson's Landing. Tel: 250 935 8577**





## A DAY AT HOLLYHOCK

**COME TO HOLLYHOCK  
FOR THE DAY TO PLAY  
AND ENJOY**

**Sumptuous Gourmet Meals**

**Scenic Dining Terrace**

**Fabulous Bodywork**

**Ocean-View Hot Tubs**

**Spectacular Garden**

**Kayak & Cruise Excursions**

**Forest & Beach Walks**

**Unique Gift Store**

**DELUXE HALF-DAY ISLAND SPECIAL**

**CALL HOLLYHOCK TODAY  
250.935.6576 x221  
or 800.933.6339**

### DELUXE HALF-DAY SPECIAL

Only \$105 plus tax.

The full Hollyhock Experience includes:

SOAK in our Ocean-View Hot tubs

1 hr. Hollyhock MASSAGE

Gourmet Vegetarian LUNCH,  
including organic Coffee and Tea

Call 250.935.6576 x231 to book.

#### \* SUMPTUOUS ORGANIC VEGETARIAN MEALS

Fresh and abundant gourmet fare features delectables from our garden and weekly wild seafood. **Breakfast, lunch and dinner available everyday.** Phone to reserve.

#### \* BODYCARE

Skilled bodyworkers provide world-class massage and bodycare. Available daily by reservation.

#### \* HOLLYHOCK STORE

Offering treasures of local arts and crafts, books, gifts, clothing and other delights. Open daily.

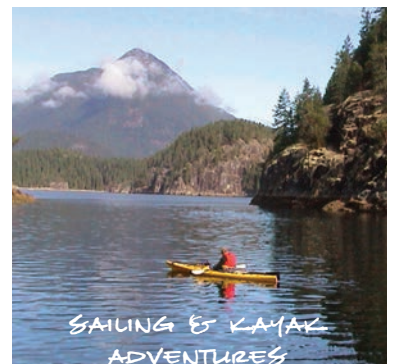
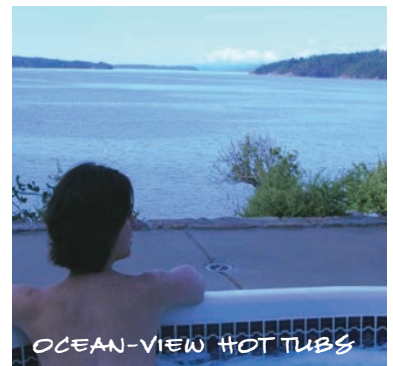
#### \* KAYAK AND CRUISE EXCURSIONS

Guided adventures to some of the most spectacular places on the coast. No experience required. Afternoon Cruise, 1:30 – 6:30pm, \$98/person, plus tax. Afternoon Paddle, 1:30 – 5:30pm, \$85/person, plus tax. Sunset Paddle, 7:30 – 10:30pm, \$75/person, plus tax. Call for details and schedule.

#### \* DAY USE FEE FOR VISITORS

\$20/person/day lets you enjoy our: ocean-view hot tubs; toast & fruit bar; organic coffee and tea; 7:00 – 8:15am yoga or movement; Internet chat room; naturalist excursions\*; garden tours\*

\*As available.





## ABUNDANCE

I get tired of measuring doom in parts per million. It's not easy to thrive in a career surrounded by so much loss, where hope is alternatively worshiped and mocked.

Sometimes, I even give up. After one particularly discouraging time, I retreated to a house on the shores of Cortes Island in British Columbia, wanting to find some reason for continuing to be engaged in my work.

What I quickly realized during this retreat was that, although I had a lot of ecological training, I knew next to nothing about the marine ecosystem right outside my door. During the first few months of my stay, I simply was amazed by the abundance of Cortes Island.

Wait, not amazed. Confused. Completely Overwhelmed. Stunned. Flabbergasted.

How could it be that I could simply lean over the side of my canoe and spot orange starfish, purple starfish, and seventeen-armed sunflower starfish? How could it be that I could dip my fingers into the dark ocean and sprinkle sparks of bioluminescence over my daughter's arms? How could it be that I could actually grow used to seeing harbor seals spying on me as I row across submerged oyster beds?

A virgin clamdigger, I thought I would need a special rake to pounce upon promising spots of sand and furiously dig up the clams. As I casually picked up my first live clam from the broad, tidal mud flats of Manson's Lagoon, I was startled to find that it was still alive... with a clam in it! I looked down and scratched the surface of the mud to reveal armloads of clams, all piled up on top of each other. There were lots of clams, zillions of clams, and I gleefully gathered them into all the bags and pockets I had with me.

During my clam frenzy, my daughters were discovering ribbons of sand dollars that stretch themselves out in undulations in deeper water. When I was a kid, I collected perfect sand dollar shells from local discount stores. This bounty astonished me.

When the days finally started to get longer on Cortes, I made a surprising ecological observation: Spring comes to oceans. Yes, I don't know why I didn't ever consider it before, but all kinds of things were springing to life in the ocean. Instead of clear waters, periodic algal blooms filled the channel outside my house, attracting large schools of silvery fish and fattened harbor seals.

On a family canoe ride, I noticed the water was a much darker blue-gray color. At first, I figured the canoe must be playing some trick of light, casting a long, deep shadow. I leaned out to the side, blocking the bright spring sun with my hands, trying to glimpse the starfish below.

What I encountered was an underwater forest that seemingly popped up over night. Seaweeds in the shape of miniature trees swayed in the current, decorated with bright pink anemones and tiny gauzy moon jellies. Thick, thorny sea cucumbers prowled the seafloor while bizarrely neon comb jellyfish lit up the seagrass overstory.

I could not believe it. I alternated between shrieks (literally) of glee and feeling like a complete idiot. Why had I not expected that spring would bring changes to this ocean ecosystem? Why had I not predicted a profusion of life in response to the longer, warmer days? Why was I surprised to see these sea creatures, all native to the area and nicely displayed in my copy of "A Guide to Seashore Creatures in British Columbia?"

I don't know if my surprise necessarily means that I am a bad ecologist but it does mean something more. There are still places on this earth that inspire me to yell "Oh my god, look look look at that. Yippee. Yeehaw. Holy Freaking Moly". It hasn't all been ruined. It hasn't all been paved over, contaminated, drained, or melted.

Sure, the waters of Cortes are not perfectly pristine – and, yes, pristine is no longer an appropriate adjective for any place, any ecosystem on Earth. But abundance is still in our vocabulary and these waters are a soothing reminder that all has not been lost.

Cortes Island gave me back my fierce loyalty to the natural world, borne not out of intimate knowledge of a place but from sparks and starfish, sand dollars and surprise.

Rebecca Vidra

Rebecca Vidra is a restoration ecologist who enjoys pondering ethical dilemmas with her students at Duke University. She stayed at Cedar Moon Beach House in the summer of 2012.



9 am to 5 pm weekdays, closed Wednesday  
10 am to 5 pm weekends

## Organic Homemade Bakery

Cakes, Cookies and Pastries, Viennese Style Cakes

Organic Espresso and Teas

Breakfast and Lunch all day

WIRELESS INTERNET AND OUTDOOR STAGE!!

Host of the

CORTES MUSIC FESTIVAL

July 13<sup>th</sup> and 14<sup>th</sup> - Saturday and Sunday

591 Whaletown Road, 250-935-6422

# CORTES CAFE

Manson's Landing in Manson's Hall

Open Monday, Wednesday, Friday: 8:30 am to 2:15 pm

Tuesday: 9 am to 1:00 pm

Take-Out Monday, Wednesday, Friday until 4:00 pm

## Wraps

served in a fresh grilled tortilla

### Traditional Burrito

\$8.50 kids \$5.50

w/organic brown rice 'n' beans, cheddar, salsa & lettuce

### Vegan Burrito

\$8.50 kids \$5.50

w/organic brown rice 'n' beans, avocado, salsa & lettuce

## Salads

made w/organic greens, organic veggies, pecans & house dressing

### Side Salad

\$5.00

### Deluxe Salad w/tomato, avocado & cheddar

\$10.50

**Add** chicken **or** smoked salmon

\$3.50

## Sandwiches

### B.L.T.

\$7.50

bacon, lettuce & tomato on toasted brown bread

### A.L.T.

\$6.50

avocado, lettuce & tomato on toasted brown bread

### Grilled Cheese Sandwich

\$6.00

### Burgers

\$7.50

6oz Gunter's beef burger w/relish, mayo & red onion on a grilled homemade bun

**Add** bacon **OR** cheddar \$1.50

lettuce & tomato \$1.50

### Chicken Club Bunwhich

8.50

chicken & bacon w/lettuce, tomato & red onion on a grilled homemade bun

**Add** avocado \$1.25      bacon \$2.00

cheddar \$1.50      sour cream \$1.00

**Also Available:** Cinnamon Twists, Cheese Scones, cookies & desserts.

**#Now Serving Gunter Brothers chicken and bacon**

Prices include GST/HST

**Watch For Daily Specials**



# Cortes Connection

250-935-6911

[www.cortesconnection.com](http://www.cortesconnection.com)



Same-day Passenger and Freight Service  
to Campbell River and Return.

Call in for Freight Orders in CR until 2:30 P.M.

**SUMMER: MONDAY THROUGH FRIDAY**

Winter: Monday, Wednesday, Friday only.

Depart Mansons Hall	<u>8:50 A.M.</u>
Arrive Whaletown Ferry	<u>9:30 A.M.</u>
Arrive Campbell River	<u>11:15 A.M.</u>
Campbell River Hospital	<u>11:30 A.M.</u>
Shoppers Drug, Tyee Plaza	<u>4:00 P.M.</u>
Load onto Ferry	<u>4:15 P.M.</u>
Arrive Whaletown	<u>5:50 P.M.</u>
Arrive South Cortes	<u>6:30 P.M.</u>



The Cortes

# MARKET

PUBLISHER OF THE CORTES MARKETER



We offer a full line of groceries, fresh produce, meat, deli, ice and dairy, both regular and organic when possible. Also health & beauty, hardware, office services, DVD rentals, and garden supplies. Phone cards and hunting licenses are also available. We have a full line liquor store with cold beer and wine.

Our deli has awesome sandwiches made to order. We also offer instore baking as well as out sourced calzones, samosas, sausage rolls and meat pies. Our organic espresso, cappuccino and lattes are made with locally roasted Becca's Beans. As well we serve regular coffee and tea.

Keno and 50/50 can be played. We also have a BCLC terminal for 649, Super 7 and BC49 as well as Scratch and Win tickets.

Internet service is available with 2 computers donated by the Cortes Island Wifi Society as well as a hot spot for your own wireless connection.

Cortes Market is the publisher of the Cortes Marketer with buy and sell classifieds, editorials as well as events and services offered on the island. New editions come out Fridays with all the latest happenings. Pick up your copy at the Market.

We are also home to the Market Take-Out 250-935-0075.

Located in uptown Manson's Landing. Delivery available on minimum order.

**OPEN 7 DAYS A WEEK 9 a.m. to 9 p.m.**

809 Sutil Point Rd. in uptown Manson's Landing  
(across from Community Hall)

**935-6626 Public fax 935-6619**

**[cmarket@twincomm.ca](mailto:cmarket@twincomm.ca)**



Interac • VISA • MasterCard • Charge Accounts





# MISTY ISLES ADVENTURES

Sailing, Kayaking and Hiking

Box 137, Mansons Landing, Cortes Island, B.C., Canada V0P 1K0

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)

## Sea Kayaking



### Bioluminescence Paddles

During the warm months of summer, the plankton which produces bioluminescence proliferates and the fairy dust sparkling that it creates swirls away from our paddles as we kayak under the stars. It makes for a magical evening!

*Cost; \$75 per person, 3 hours*

### Guided Day Trips

Join our naturalist guides as we explore the natural and human history of Cortes Island and the surrounding waters. From sunset paddles to gliding over reefs while the curious seals follow, these trips are a great way to get the feel for kayaking while having a guide there to help you along.

*Cost; 3 hours- \$75, 4 hours- \$85, 5 hours- \$94*



## Misty Isles Half Day Voyages



### Mitlenatch Island or Desolation Sound

Our schooner 'Misty Isles' offers a relaxed and leisurely way to see the area. Sit on the large open decks or help hoist the sails if the wind is right as we voyage to Mitlenatch Island, a large seabird rookery and a wild flower paradise where seals and sealions await. Alternatively, explore Desolation Sound, an area famous for its scenic beauty, where snow capped mountains soar up from the sea. All trips depart from Cortes Island.

*Cost; \$98 per person, 5 hours*

*Taxes not included in prices. Sea kayak rentals and group charter rates for Misty Isles are also available. Give us a call!*





# MISTY ISLES ADVENTURES

Sailing, Kayaking and Hiking

Box 137, Mansons Landing, Cortes Island, B.C., Canada V0P 1K0

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)

## Sea Kayak Rentals



### Guided Trips

3 Hour Guided Trip; \$75 per person

4 Hour Guided Trip; \$85 per person

5 Hour Guided Trip; \$94 pr person

The waters around Cortes Island are beautiful to explore by kayak and kayaks are available for rent. However for your own safety, we require that all renters have taken at least an introductory sea kayaking class through Misty Isles Adventures or another sea kayaking company. In addition, at least one member of a kayaking group must have the ability to perform rescues. If you wish to paddle by yourself, you must be able to do a self rescue. Misty Isles Adventures would be happy to arrange the requisite instruction for you or alternatively, we invite you to join us on one of our guided paddles, an excellent way to experience being on the water in a kayak but with the instruction and safety provided by a guide.

## Rental Rates

Sea Kayaks	PLASTIC (Single)	COMPOSITE (Single)	PLASTIC (Double)	COMPOSITE (Double)
4 HOURS	\$27	\$32	\$45	\$50
8 HOURS	\$37	\$42	\$55	\$65
24 HOURS	\$45	\$52	\$65	\$75
2-4 DAYS	\$35/ day	\$40/ day	\$50/ day	\$60/ day
EXTRA DAYS	\$30/ day	\$35/ day	\$45/ day	\$55/ day

For more information on kayak rentals or to book a kayak, **phone 935-6756** or ask any of our guides. Our schedule fills up quickly so give us as much advance notice as you can.

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)



# MISTY ISLES ADVENTURES

## 2013 SAIL AND KAYAK SCHEDULE

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

The waters that surround Cortes Island are in an area of incredible beauty. Throughout the summer, we have scheduled guided kayaking day trips and sails onboard the schooner Misty Isles. These trips are open to everyone and no experience is required.

**Guided Afternoon Kayak Paddle-** Learn about the joy of paddling a sea kayak with the safety provided by one of our guide/ naturalists. Paddling with the seals and eagles, we will also learn about the natural and human history of the area. Conditions permitting, we hope to see the First Nations pictographs at the mouth of the Gorge or explore the extensive reefs south of Smelt Bay. Cost: \$85. Meet on the Hollyhock Garden Deck at 1:30 pm and return by 5:30 pm.

**Manson's Landing Sunset Paddle-** Join our naturalist guides as we paddle from the lagoon into the golden light of the setting sun. Come float with the seals while the eagles watch from above. This is a nice peaceful way to be out on the water under the care of a kayak guide. Cost: \$75. Meet on the Garden Deck at 7:30pm, return back to Hollyhock at about 10:30pm.

**Bioluminescence Paddle at Manson's Lagoon-** With our guides, we will paddle from the lagoon off into the sunset, then explore the night sky and play in a marvel of nature-bioluminescence. **What is Bioluminescence?** It is the light given off by some of the tiny plankton when you agitate the water with your hand or paddle. Imagine **Fairy Dust** swirling from your finger tips..... Cost: \$75. Meet on the Hollyhock Garden Deck at 7:30 or 8pm and be back around 10:30 or 11pm.

**Misty Isles Cruise to Mitlenatch Island-** Join us onboard our 43 foot schooner as we voyage to explore Mitlenatch island, the largest seabird nesting rookery in the Strait of Georgia and a wild flower paradise. Cost: \$98. Meet on the Hollyhock Garden Deck at 1:30 pm, return about 6:30.

**Misty Isles Cruise to Desolation Sound-** With mountains towering overhead and picturesque islands and channels below, the spectacular scenery and warm summer ocean temperatures (very swim-able) make Desolation Sound the premier cruising ground for yachts in the Pacific Northwest. Cost: \$98. Meet on the Hollyhock Garden Deck at 1:30 pm, returning at about 6:30.

**FOR MORE INFORMATION OR TO REGISTER CALL THE HOLLYHOCK STORE (250) 935-6576  
OR MISTY ISLES ADVENTURES (250) 935-6756, [www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)**

AFTERNOON PADDLES	SUNSET PADDLES	BIOLUM PADDLES	MISTY ISLES MITLENATCH	MISTY ISLES DESOLATION
Wed, May 22	Tues, May 21	Sat, July 27	Sat, May 25	Wed, July 10
Sat, May 25	Mon, May 27	Thurs, Aug 1	Sat, June 1	Fri, July 19
Wed, May 29	Thurs, May 30	Mon, Aug 5	Mon, June 3	Mon, July 29
Sat, June 1	Mon, June 10	Sat, Aug 10	Wed, June 12	Wed, Aug 7
Mon, June 3	Sat, June 15	Thurs, Aug 15	Mon, June 17	Mon, Aug 12

...continue on next page



AFTERNOON PADDLES	SUNSET PADDLES	BIOLUM PADDLES	MISTY ISLES MITLENATCH	MISTY ISLES DESOLATION
Wed, June 12	Thurs, June 20	Mon, Aug 19	Wed, June 26	Fri, Aug 16
Mon, June 17	Mon, June 24	Sat, Aug 24	Mon, July 1	Sat, Aug 25
Wed, June 26	Sat, Jun 29	Mon, Aug 26	Fri, July 5	Wed, Aug 28
Mon, July 1	Thurs, July 4	Sat, Aug 31		Mon, Sept 2
Fri, July 5	Mon, July 8	Thurs, Sept 5		Fri, Sept 6
Wed, July 10	Sat, July 13	Mon, Sept 9		Mon, Sept 16
Mon, July 15	Thurs, July 18	Sat, Sept 14		Wed, Sept 25
Fri, July 19				Mon, Sept 30
Mon, July 29				
Fri, Aug 2				
Wed, Aug 7				
Mon, Aug 12				
Fri, Aug 16				
Wed Aug 21				
Sat, Aug 25				
Wed, Aug 28				
Mon, Sept 2				
Fri, Sept 6				
Mon, Sept 16				
Wed, Sept 25				
Mon, Sept 30				

## ADDITIONAL SPECIAL EVENTS!

The Cortes Island Museum and Misty Isles Adventures team up to offer these spectacular natural and human history tours!!

- **May 24 & June 8<sup>th</sup>**. The flowers are in bloom as the sea-lions growl on Mitlenatch! Mating gulls and nesting cormorants- this island is a happening place! \$120 Tax included.
- **June 16<sup>th</sup>**. Departing from Cortes Bay, Misty Isles will cruise through Desolation Sound enroute to Dinner at the Laughing Oyster Restaurant. Bring Dad along for Father's Day! Cost is \$95 Tax included for transport only. Guests pay for their own meal at the restaurant.
- **June 29/30<sup>th</sup>**. An overnight trips to breathtaking Toba Inlet. At this time of the year we expect the waterfalls to thunder down the cliffs of this magnificent fjord cut deep into the mainland coast. \$360 Tax included covers meals and accommodations at Toba Wilderrest.
- **July 18<sup>th</sup>**. Von Donop Inlet Mother-ship trip. With kayaks loaded onboard Misty Isles, we'll head up to Von Donop Inlet. Once there, we'll do a kayaking exploration of this historic Inlet on this relaxed guided paddle. Cost \$140 Tax included.
- **July 23<sup>rd</sup>**. A low tide exploration of the extensive reefs between Hernando and Savary Islands on this 1 foot tide. Mike will wear his snorkel gear to bring up creatures from the depths. Bring rubber boots and your curiosity! \$120 Tax included.
- **July 27<sup>th</sup> and Aug 24<sup>th</sup>**. During late summer, the hundreds of yachts that visit Desolation Sound begin to head home and peace returns to this area of soaring mountains and warm waters. Captain Mike tells stories of the First Nations people, explorers and pioneers. \$120 Tax incl.
- **Aug 9<sup>th</sup>**. The tides are right this day for Misty Isles to navigate the famous tidal rapids of Surge Narrows and The Hole In The Wall as we circumnavigate Maurelle Island. With its narrow channels and backdrop of mountains, this is a beautiful area to explore. \$120 Tax included.
- **Aug 14<sup>th</sup>**. Leaving Squirrel Cove we'll head to Teakerne Arm and visit the Cassel Lake waterfall that Captain Vancouver's crew used as their spa. Cost \$120 Tax included

Call the Museum at (250) 936-6340 or email at [cinas@twincomm.ca](mailto:cinas@twincomm.ca) to register.

## CORTES NATURAL HISTORY

As you arrive on the ferry at Whaletown you can see on your left the site of the old whaling station. There are a couple of cabins there but the low rocky ledge and the lone piling near a steep bluff is where, in the 1860's, whales were hauled up on shore and the blubber was removed and rendered into whale oil. In just a few years all the whales had been killed so the station closed.

The huge trees that grew on Cortes became the next thing to be exploited. There are few of these magnificent giants left standing. One still stands defiantly where the Gorge Harbour Road has to curve out to get past its huge trunk. There is another one where Bartholomew Road dips down the hill just past Fairhaven Nursery.

Manson's Landing got its name for the pioneer who built a trading post there in 1887. He bought furs and dogfish oil from the native people who still thrived on the area until smallpox and diphtheria killed off most of these original folk. If you go to the end of the sandspit that marks the entry to the Manson's Lagoon you will see across the water one of the huge middens filled with clam shells that tells of years of Native occupation. The women threaded large clams on sticks and smoked them to save the food for winter use.

Smelt Bay got its name because at high tide in wintertime the female smelt laid their eggs at the tideline with the males spreading spawn through the water. In exactly one month the eggs hatched and the next high tide washed the eggs out into the sea, causing a feeding frenzy on the part of ducks and seagulls. Local folk including the huge population of Native people in the village that once thrived at the end of the beach all enjoyed this egg laying bonanza. Like the whales and the huge trees, these little fish have disappeared. But the beauty of Cortes Island remains.

June Cameron

June Cameron, long time Cortes resident journalist and a writer, is the author of 3 books : **Destination Cortez Island, Shelter from the Storm, and 26 Feet to the Charlottes.**



Explore the pristine waters of Cortes Island and Desolation Sound with us! Cortes offers some of the best sea kayaking in the Discovery Island chains and produces the most unique wilderness landscapes in all of the Inside Passage.

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Sunset	\$65
Overnight camp & Paddle	\$285

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# Cortes Fishing ADVENTURES

## Guided Fishing

If fishing is your thing, then these guided fishing trips are for you. Make your fishing dreams come true with half or full-day guided fishing trips to some of the best salmon-fishing grounds in the world! Whether you want to drop a line in any of the numerous remote inlets of Desolation Sound, fish around the islands or perhaps cruise over to the world famous fishing grounds of Campbell River, your guided fishing trip will be a trip of a lifetime!

These guided fishing trips are run by a professional, experienced guide with a fully-equipped boat. Your guide knows the area well, and he loves to be out there! So get your sun screen and sun glasses - let's go fishing!



## Boat Charters

The pristine waters surrounding Cortes Island offer some of the most breathtaking scenery and marine wildlife in the world. You could take a guided sight-seeing trip south to beautiful Mitenatch Marine Park, where there are two species of sea lions, seals, thousands of birds, and even cacti. Or how about taking a trip up into the unspoiled inlets of Desolation Sound, Canada. In the inlets' wilderness, you can see black bears foraging along the shore as they come out of hibernation. Along the way, enjoy the awe-inspiring view of the rugged and spectacular coastal mountain ranges. Closer up, see some of the amazing waterfalls which come straight down from the mountains and plunge directly into the ocean. Another phenomenal trip worth taking is the cruise to the memorable Cassel Lake Falls. Swim in the natural jacuzzi at the bottom of the waterfalls, shower in the falls or hike up to Cassel Lake.

There are so many beautiful places and so much amazing wildlife to see on this part of British Columbia's coast. We make all of our guided sightseeing trips custom to suit the needs and desires of each individual guest. Don't forget your camera!



## Water Taxi

We offer a unique and affordable water taxi service between Campbell River on Vancouver Island and Powell River on the BC mainland, as well as all the islands in between, including Cortes Island. We are able to taxi up to four people per trip. We can even pick you up off of the beach, a service that other water taxis are unable to do. Making advanced bookings for water taxi service are advised, but we are there for you at a moment's notice!

Both vessel and operator are completely up-to-date with all Transport Canada safety and operating certification.

Romney Shipway is your professional fishing and sightseeing guide. He's local to Cortes Island, born and raised there. He has a love for community, the ocean and the tranquility of the islands and their surrounding environs.

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\* Based on 2 Person Capacity **Guaranteed!***



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[cortesfishingadventures@gmail.com](mailto:cortesfishingadventures@gmail.com)

[www.CortesFishingAdventures.com](http://www.CortesFishingAdventures.com)





# CORTES CRAFT SHOP CO-OP IN SQUIRREL COVE

## SPRING:

May 18 - June 23:  
weekends 12 - 4 pm  
June 24 - June 30:  
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## SUMMER:

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## FALL:

Sept 2 - Sept 15  
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opening day  
Seafood Fest  
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May 18

more than 30  
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artisans



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Paintings

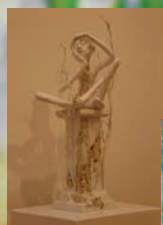
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Reiki connects you to who you really are – your essence. Reiki restores unity.

Reiki is being passed on by the hands. Clients are dressed and they are in a safe and nurturing environment.

Allow an hour and a half for adults, an hour or less for children and pets.

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Each session is individually tailored. This form of life coaching is always directed toward empowerment.

## About Carina Verhoeve

Born in the Netherlands. Carina started practising Reiki in 1991. In 1994 she became a Reiki Master, or actually Master in Usui Shiki Ryoho. She has given treatments and taught classes ever since in Europe and Canada.

Carina Verhoeve has worked as a clinical psychologist, hypnotherapist, massage therapist, Reiki Master, life coach, teacher at The Academy of Life Design and dance teacher. She is also trained in the Work of Byron Katie, inner child work, grounding and Inner Light Consciousness.

Carina has had her own practice since 1984.



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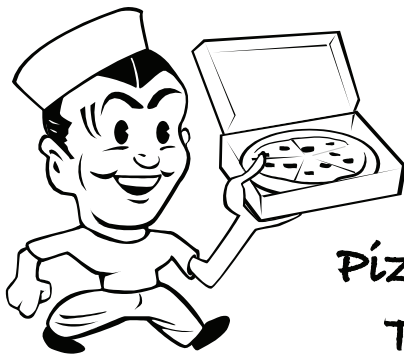
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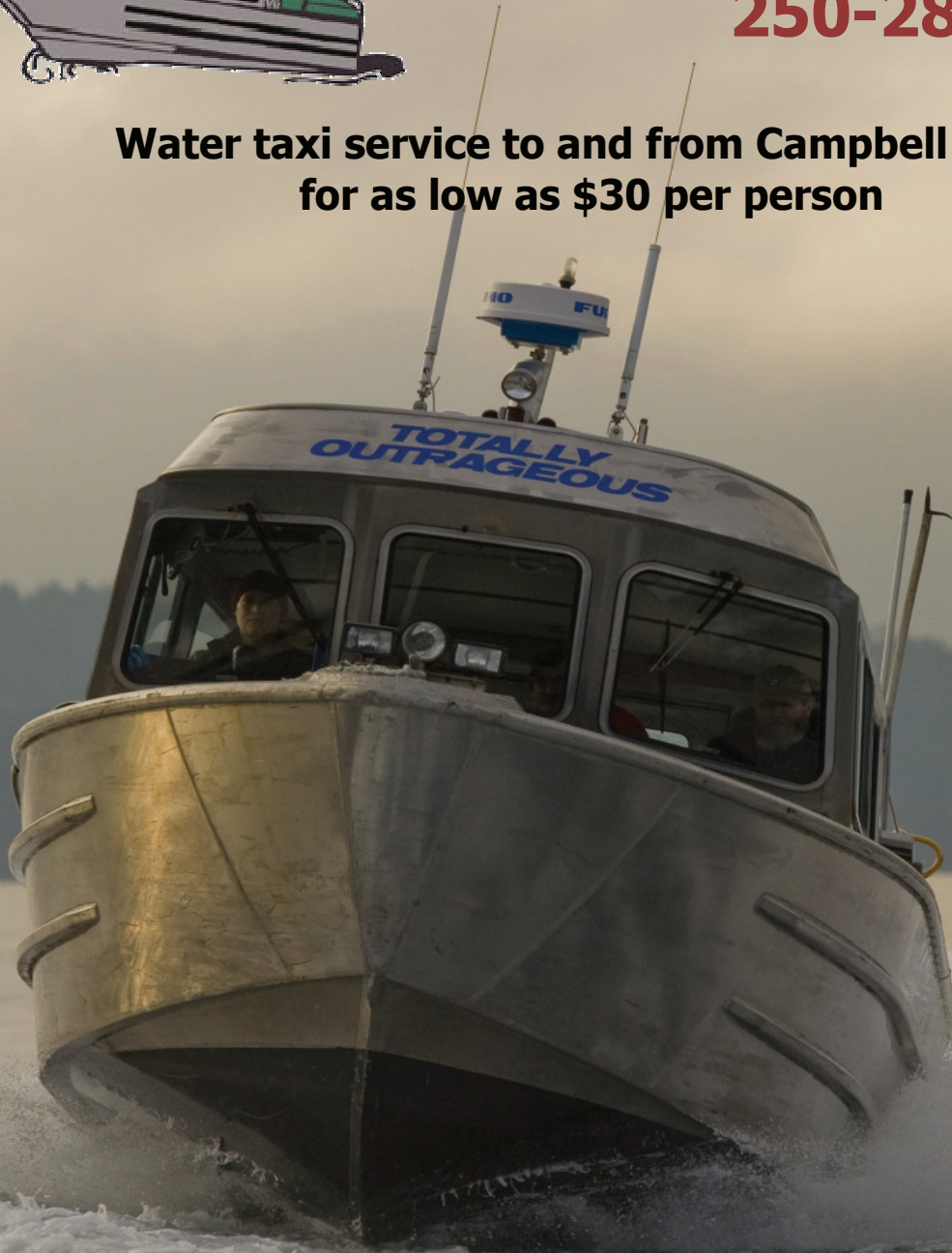


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Cortes Island  
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## TRANSPORT

**TAXI:** There is no taxi service on Cortes Island.

To get to Quadra Island or Campbell River you can use the local bus:

**Cortes Connection:** 250-935-6911 see ad.

Another way to go places in Campbell River or to explore Quadra Island is with:

**Quadra Taxi and Tours:** 1-250-205-0505 see ad.

For transportation on water, or just for fun - use water taxi:

**Lund Water Taxi:** 1-604-483-9749 see ad.

**Discovery Launch Water Taxi:** 250-287-7577 see ad.

**Cortes Fishing Adventures:** 250-202-3414 see ad.

**GAS:** Diesel and boat gas, also regular gas, are available at the Gorge Harbour Marina in Whaletown and at **Squirrel Cove Store:** 250-935-6327 see ad.

## SHOPPING ON CORTES

There are four grocery stores on Cortes, with more than just groceries:

**Cortes Market** in Manson's Landing, with amazing assortment of groceries, beer and wine, and household, hardware and personal care products: 250-935-6626 see ad.

**Cortes Natural Food Co-op** in Manson's Landing, with fresh, organic, local vegetables, bakery - baked on premises, local crafts: 250-935-8577 see ad.

**Squirrel Cove Trading Co. Ltd** in Squirrel Cove, with fresh vegetables, beer and wine, marine and hardware supplies, gas, and more: 250-935-6327 see ad.

Gorge Harbor Marina in Whaletown - grocery store, wine and beer, gas.

**Hollyhock Store** in Manson's offers large selection of art and craft products, beautiful clothing and interesting books: 250-935-6576 see ad.

**Cortes Museum** in Manson's offers books by local writers and on local topics, postcards, local arts, plus - it is also Tourists Information: 250-935-6340 see ad.

**Cortes Craft Shop Co-op** in Squirrel Cove offers large selection of local arts and crafts - see ad.

**Marnies Books and Homespun** in Manson's, next to Cortes Natural Food Co-op, books and crafts.

**Cortes Health Centre** in Manson's - check their pharmacy, if you cannot find required products in grocery stores.

## DRIVING ON CORTES ISLAND

For the article on DRIVING ON CORTES, written by Rick Bockner, and other information from 2012, please see 2012 edition of Cortes Information Book. You can find 2012 book online at [http://issuu.com/cortesinfobook/docs/cortes\\_book\\_2012?mode=window&viewMode=doublePage](http://issuu.com/cortesinfobook/docs/cortes_book_2012?mode=window&viewMode=doublePage)

## KLAHOOSE FIRST NATION

For information on Klahoose First Nation, aboriginal people of Cortes Island, please see 2011 edition of Cortes Information Book, or check their website at <http://klahoose.org/>

## TIDELINE

For local community website, please check [http://cortesisland.com/cgi-bin/timeline/show\\_home.cgi](http://cortesisland.com/cgi-bin/timeline/show_home.cgi)



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*Your ad can be included in the next year edition.  
 Contact Gina at 250-935-0080.  
[CortesInfoBook@gmail.com](mailto:CortesInfoBook@gmail.com)*